

Radiogram No. 3710u

Form 24 for 06.19.02

**Satellite Navigation Equipment (???) Test / GTS-???? Test /
Program Logic Control Device (????) Test**

GMT	CREW	ACTIVITY
06:00–06:10		Morning inspection
06:10–06:40		Post-sleep
06:40–07:30		BREAKFAST
07:30–08:00		Prep for work
08:00–08:15		Daily planning conference (<i>S-band</i>)
08:15–08:30	CDR, FE-2	IMS tagup (<i>S-band</i>)
08:15–08:25	FE-1	CSA-CP data dump
08:25–09:25		MEC S/W load
08:50–09:40	CDR, FE-2 (assist)	Cardiovascular evaluation during graded physical exercise ? ₀ =09:15:00
09:25–11:30	FE-1	BSTC: experiment initiation (parts 1 & 2)
09:50–10:20	FE-2	IMS file prep
10:20–11:10	FE-2, CDR (assist)	Cardiovascular evaluation during graded physical exercise ? ₀ =10:44:00
11:10–12:30	CDR	Changeout of ?-? hose and pretreat container in ???
11:20–12:20	FE-2	ISS crew orientation
11:30–11:35	FE-1	BSTC purge
11:35–11:50		Food questionnaire
11:50–12:35		Heart Rate Monitor (HRM) software setup
12:20–12:35	FE-2	Daily payload status check
12:35–13:35		LUNCH
13:35–16:35	CDR	Stowage and IMS tracking of deorbit items in Progress M1-8
13:35–14:35	FE-1	BSTC culture preservation
13:35–15:35	FE-2	Stowage and IMS tracking of deorbit items in Progress M1-8 (with step-by-step photo/video recording)
14:35–14:40	FE-1	BSTC purge
14:40–15:10		ISS crew orientation
15:10–16:40		Physical exercise (RED)
15:35–17:05	FE-2	Physical exercise (TVIS+RED day 2)
16:40–17:40	FE-1	Physical exercise (CEVIS)
16:45–18:15	CDR	Physical exercise (TVIS+RED day 2)
17:05–17:20	FE-2	Routine inspection of RED
17:20–17:50		Photo/video recording of Progress stowage ops
17:40–18:10	FE-1	ISS crew orientation
17:50–18:10	FE-2	Daily plan review
18:10–18:35		Downlink of photo/video recording of Progress stowage ops (<i>Ku-band</i>)
18:15–18:40	CDR, FE-1	Daily plan review
18:40–18:55		Daily planning conference (<i>S-band</i>)
18:55–19:00		Daily plan review

19:00–19:10	FE-1	Setup for PAO event
19:00–19:30	CDR, FE-2	Prep for work
19:10–19:15	FE-1	Prep for PAO event
19:15–19:30		PAO event: US Congress (<i>Ku-band</i>)
19:30–20:00		DINNER
20:00–20:30		Daily food prep
20:30–21:30		Pre-sleep
21:30–06:00		SLEEP

Note: See OSTP for references to US activities.

End of radiogram